

Pottsville Beach Neighbourhood Centre (PBNC) ~ Services and Activities 2012

When?	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9am - 1pm	+ Admin. Services see Note 2	+ Admin. Services see Note 2	+ Admin. Services see Note 2	+ Admin. Services see Note 2	+ Admin. Services see Note 2		
9am - 1pm	Centrelink Agency (Ebbtide Building)	Centrelink Agency (Ebbtide Building)	Centrelink Agency (Ebbtide Building)	Centrelink Agency (Ebbtide Building)	Centrelink Agency (Ebbtide Building)		
Various times	Opportunity Shop 9am - 4pm	Opportunity Shop 9am - 1pm	Opportunity Shop 9am - 1pm	Opportunity Shop 9am - 1pm	Opportunity Shop 9am - 4pm	Opportunity Shop 9am - 1pm	1 ~ Opportunity Shop 7am - 1pm
"	Community Gardening	Community Gardening	Community Gardening	Community Gardening	Community Gardening		2 ~ Community BBQ (Beach Break)
9am - 5pm	Brighter Futures 6676 2277	Brighter Futures 6676 2277	Brighter Futures 6676 2277	Brighter Futures 6676 2277	Brighter Futures 6676 2277		
During School Terms	Pottsville Playgroup (Sandbar) 10am - 12noon Misty - 6676 4146	Pottsville Playgroup (Sandbar) 10:30am - 12:30pm Misty - 6676 4146	##Dancing with Nikky (Sandbar) Wed morning Nikky 0417036609	Pottsville Playgroup (Sandbar) 10am - 12noon Misty - 6676 4146	## Toddler Tunes and Stories: music, movement, books and drama (Sandbar) 10:45 am	##Side by Side - Aspie Social Support Group 1st & 3rd (SBS 4 Teens) Saturday of the month 1pm Sandbar room Debbie or Terry 6676 0483	3 ~ ## Pottsville Beach Markets 7am - 1:30pm
"		##Dancing with Nikky (Sandbar) 3 - 4pm Nikky 0417036609	##Ujali Yoga (Sandbar) Kids, Tweens and Adult classes. Jess 0468 348 015	##Dancing with Nikky (Sandbar) 3 - 6pm Adult class 7 - 8pm Nikky 0417036609	## Wordsflow (Sandbar) 12:30pm - 3.30pm Rosemary 6672 6594		
Ongoing	## Counselling with Lesley Bakker Psychologist (every Tues & every 2nd Mon) 0403 022 767	##Pottsville Counselling with Lisa Pederzoli Psychologist (every 2nd Wed & every Friday) 0433 814 731		Toy Library Monday to Friday 9:30am - 12:30pm (free membership)	## Light Aerobics (Sand Bar) 9:15 - 10:15am Vera 6676 2325	U3A groups - for more information see Seniors page on the PBNC website	NB: The three Sunday activities (shown above) only occur on Market Days (always 1st and 3rd Sunday of each month). Stall holder bookings through PBNC PH: 6676 4555 during office hours
Ongoing		## Light Aerobics (Sandbar) 9:15 - 10:15am Vera 6676 2325	Diabetes Support, 1st Wed monthly (Sandbar) 2 - 4pm Ruth 6676 0411	Stretch Your Mind (SYM) Sandbar 12.30 - 2.30pm	Richmond Tweed Mobile Library Service 9:45am - 12 noon; 1:00 - 3pm 6625 1415		
Ongoing	Internet/Computer Access (Technology Centre) 9 - 1pm	Internet/Computer Access (Technology Centre) 9 - 5pm	Internet/Computer Access (Technology Centre) 9am - 5pm	Internet/Computer Access (Technology Centre) 9 - 5pm	Internet/Computer Access (Technology Centre) 9 - 1pm		

Note 1: ## These activities require bookings either at the office 6676 4555 or as specified with the tutor, as places are limited.

Note 2: + Admin Services: Information and referral (to other services); room hire; photocopying and laminating (all from the Ebbtide Building), PH: 6676 4555 Email: admin@pottsbnc.ngo.org.au

Note 3: Tax Help (by appointment only) - Each Tax season from July to October PH: 6676 4555

Updated April 2012